

CU



2022-23

Fundamentals of Coaching

What is UIL?

- Largest Interscholastic Organization of its kind in the world...
- Serves over 1500 schools in academics, athletics, and music...
- Provides students with educational experiences through equitable competition...
- Schools make the rules – 116 Sections of the Constitution and Contest Rules are specific to athletics
- What do the rules do – Provide equitable rules for participation



As a coach, who will we work with most at UIL?





**Director of Athletics:
Dr. Susan Elza**



**Assistant AD:
AJ Martinez**



**Assistant AD:
Joseph Garmon**



**Assistant AD:
Brandy Belk**



Athletic Staff



Athletic Staff Responsibilities

2022-2023 WHO DOES WHAT?

Joseph Garmon

Team Tennis

Cross Country

Basketball

Soccer

Spring Tennis

Track & Field

AJ Martinez

Football

Golf

Wrestling

Water Polo

Baseball

Brandy Belk

Volleyball

Spirit

Swim & Dive

Basketball

Softball

CCP/Athletic
Policy

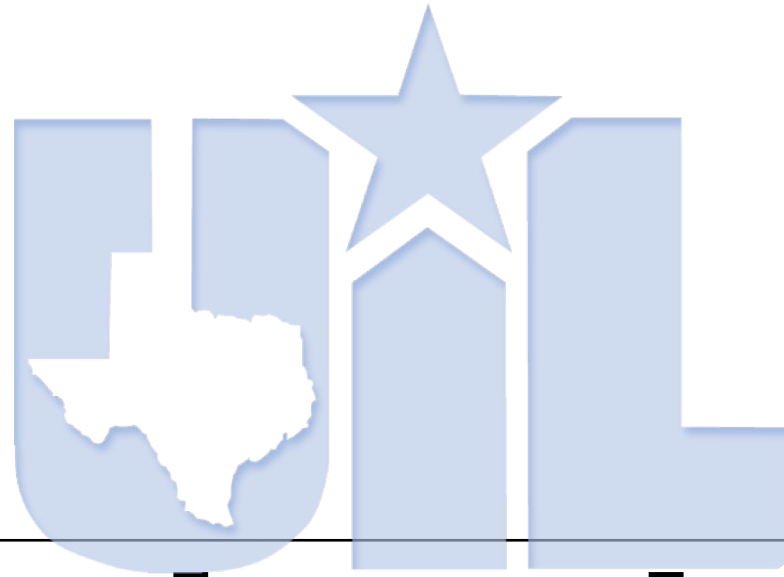


**How does
UIL work?**

LEAGUE GOVERNANCE

- **Legislative Council** – Rule making body, 32 superintendents, all regions, all conferences represented.
- **State Executive Committee (SEC)** – 12 school administrators appointed by the Commissioner of Education.
- **Waiver Review Board** – 12 person committee, reviews decisions of the UIL Waiver Officer on appeals.
- **District Executive Committee (DEC)** – Consists of ONE voting member per school in a given UIL District.





**What do I
need in order
to coach?**

COACHES EDUCATION AND TRAINING REQUIREMENTS **STATE LAW**

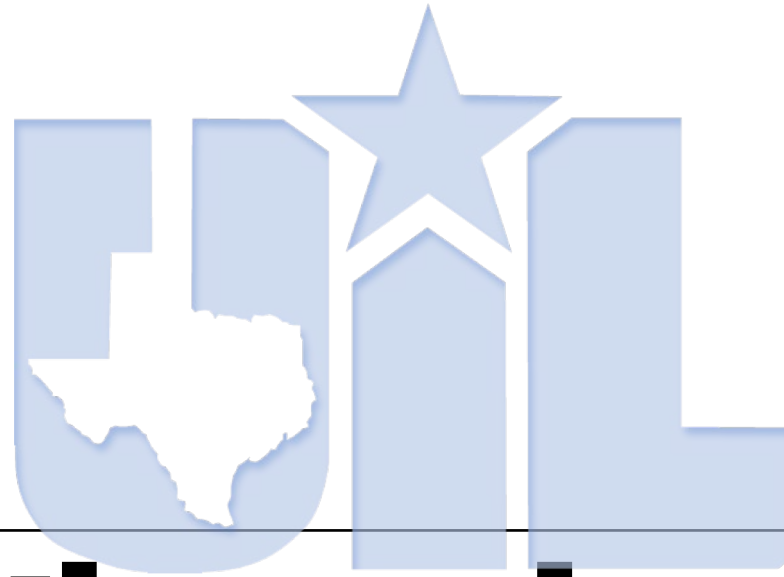
- CPR and First Aid Training – must have a current certification filed with the district
- AED Training – must have a current certification filed with the district
- Safety Training – training provided by UIL (CCP) program, and must be completed prior to any contact with students
- Concussion Training – training must be completed annually (2 hours every other year/1 hour annually)



COACHES EDUCATION AND TRAINING:

REQUIREMENTS

- UIL Professional Acknowledgement Form– On file with the district (C&CR 1202(j))
- Coaches Certification Program (CCP)– online / in-person training (C&CR 1208(i))
 - Constitution & Contest Rules
 - Ethics
 - UIL Steroid Education
 - Safety Training (state law)
 - Concussion Training (state law)
 - Sport Specific Training – each sport has a separate module
 - Football Coaches ONLY – Best Practices in Tackling certification
 - First Year Coaches ONLY - Fundamentals of Coaching in Texas (C&CR 1202 (L))
 - Safety/Risk Minimization for Cheerleading Coaches – local district determines the provider for training, and training must be completed prior to any student contact







**What do I
have to
know?**



UIL RULES / STATE LAW / SPORT PLAYING RULES

KNOW THE RULES

- Download or bookmark the **Constitution and Contest Rules and Side by Side Manual**
 - Will answer UIL eligibility questions no-pass / no-play, eligibility and more.
 - Make sure you have a **sport rule book** (, , , ).
 - Playing rules are not UIL rules, know the difference between playing rules and UIL eligibility and policy rules.
 - Make sure you have the appropriate playing rules book for your sport and know new rules each year.
- Bookmark your **SPORT MANUAL**
 - **NEW:** Starting with the 2022-23 school year manuals will be digital and can be found on the left-side menu on your sports page.
 - Information is organized in an easy-to-find manner.

What can you expect from UIL staff?



Who we aren't...



You can expect this...

- Effective two-way communication, coach to coach
- Servant leadership
- Respect and integrity
- Knowledgeable and fact based conversations
- Accountability and consistency
- High expectations of ourselves and others
- High energy and no quitters
- Lots of love and respect for our coaches
- An ally



What do we expect from our coaches?



The same dad-gum thing!

- Effective two-way communication, coach to coach
- Servant leadership
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"I did not know what the outcome would be but I committed to the purpose."





CONTACTS



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